# UNITED MUSLIM SISTERS OF LATROBE VALLEY (UMSLV)

# A first time for everything! 3

Well, we've had our first meeting;

Our first children's Islamic studies class;

Our first ladies' class:

Our first event;

And this is our first newsletter!

We pray that there will be many more to follow, Insha Allah.

For any comments on the newsletter or any suggestions, for future ones please contact any of the committee members.

We are open to learning and welcome your feedback.

# Newsletter 1; 25 May 2013

#### Who are the committee members?

We are a group of seven enthusiastic ladies nominated by members of the Muslim community to be committee members of UMSLV. We aim to address the needs of Muslim women, children and families living in the region. We currently offer three services, namely a bilingual-bicultural program for pre-schoolers and their mothers; Islamic study classes for children; and Quran tafsir and recitation classes for women. We also organise events that promote adopting healthy lifestyle choices and social interaction.

We have 15 friends of the organisation who receive e-mails about upcoming events. If you would like to become a friend please e-mail your details to <a href="mailto:k.umslv@yahoo.com.au">k.umslv@yahoo.com.au</a> or Yumna at <a href="mailto:y.umslv@yahoo.com">y.umslv@yahoo.com</a>

### Contact us

For all queries, questions or comments please do not hesitate to any of the committee members.

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### A night of appreciation

The children involved in the bilingual-bicultural program and Islamic studies class held a night of appreciation.

They sang Islamic songs, said the Arabic alphabet and recited verses from Quran and Hadith to show appreciation for everything their mothers do for them and most importantly to thank Allah for His blessings on them.

It was an enjoyable and emotional evening. The mothers seemed to enjoy the best thank you ever-

BIG hugs and kisses ©

#### Fun run/walk

UMSLV held their first social event, which was held for women and children on Sunday 5 May. We met at Mathison Park, Churchill and walked or ran a lap around Lake Hyland. Those who were more energetic did two laps!

The women walked at a good pace in an attempt to keep up with their racing children!

At the end of the walk we all enjoyed a chat over morning tea!

Thank you to all those who participated and made our first event a truly enjoyable one. ©

Entry to the walk was by donation. All proceeds have gone to the Syrian Emergency Appeal, Muslim Aid Australia. A big thank you for the generosity of all participants who raised \$365 on the day!



"While the day wasn't a bright sunny one, the participants certainly made up for it with the gorgeous smiles, bubbly personalities, relaxed atmosphere and eagerness to walk/run a lap or two around Lake Hyland at Mathison Park, Churchill" (Tammy Richards).

# **Logo Competition**

UMSLV needs a logo. Everyone is invited to enter a logo competition. Please submit the logo you think we should use by 30 June to any of the committee members.





Waiting eagerly at the starting line!

# Inspirational!

The eldest lady in our community felt unwell and spent a day in hospital on Saturday. Yet, at 9 40am on Sunday morning she was at the park registering to do the walk.

Basma, you are an inspiration to us all! Thank you for your commitment.

May Allah grant you good health and strength. Ameen.

Thank you Tammy for capturing the happy, warm and pleasant mood of the people on the day so well with your photography ©

Fitzard Photos 5169 6328













#### **Faith in Action**

We have been learning about translating our faith into deeds so we can truly live Allah's word.

In the Quran, we are asked to "Worship Allah and associate nothing with him. And do good to parents, and to relatives, orphans, the needy, the near neighbour, the neighbour far away, the companion at your side, the traveller, ..." This is in Surah 4 Verse36.

So, we had a fun run/walk to practise the message in this verse. We were good and kind to all those who attended. Some people came from close by and others travelled from far away to come to the fun walk. Playing with children we knew and playing with children that we met for the first time was fun!

Everyboday donated money towards a charity for Syrian people. We raised over \$300 on the morning. It made us feel good to give to those who have less than us.

We have also been learning about keeping our surroundings clean. On the day, we kept our peels and wrappers on our plates or we threw them in the rubbish packets. There was no rubbish left on the ground!

All the children deserved the gold medals they received at the end of the walk.

# **Upcoming event**

Family picnic day!

Venue: Victory Park, Traralgon

Date: 26 May 2013

Time: 11am

#### **Upcoming event**

We will be holding a Pre-Ramadaan BBQ.

Date and details to be confirmed.

Please send Yumna your contact details so we can send you more details....

I could not find the name of the author of the next article. Please note that this article was not written by an Islamic scholar so some of the terminology and details is different to what should be used, for example the word bowed is used instead of greeted. The purpose of putting this article into the newsletter is to show that non-muslim scholars are fascinated with this subject matter. For our purposes, the extract will require adjustments by Islamic scholars.





#### **QUIZ QUESTION**

What is Hadith?

A – An Islamic song

B- A saying of the Prophet (S.A.W.)

C A type of Arabic poem.

Please sms your answer to Teacher Zeinab. The winners will have their names printed in the next newsletter. Their names will also be put into a "hat" and a lucky winner drawn by the children. This child will receive a prize.

Subhanallah! The importance of Israa and Me'raj is not only significant for the Muslims but even Non-muslims and yoga followers have derived meaning from this event. This extract was taken from <a href="http://www.adishakti.org">http://www.adishakti.org</a>

"As a child and young man Mohammed(S.A.W.) showed few signs of his prophetic destiny. He was well known for his moral integrity and good character but it was not until his forties that he became aware of his true purpose. Through a series of transformative experiences Prophet Mohammed (S.A.W.) was prepared for his divine role. These experiences culminated in the amazing Meraj (or 'Ascent').

The experience of the Meraj, would not only revolutionise Prophet Mohammed's (S.A.W.) awareness but send out shock waves which resonated in the unconscious of all Arabians and later, all the world.

Through the Meraj Mohammed (S.A.W.) realized the need for the establishment of a new culture. He was to establish a creed that went beyond the petty tribal boundaries, blood feuds and violent practices prevalent at the time. To go beyond such ingrained behaviour patterns Mohammed(S.A.W.) drew upon an awareness of superhuman proportions. He transcended the limitations of the human mind and tapped into the universal intelligence. His vision then became universal: to unite the peoples of Arabia under a system of morality, justice and compassion. A system that would serve as the foundation for one of the greatest civilisations in recorded history.

The Meraj gave Mohammed (S.A.W.) the confidence, wisdom and superhuman energy to attempt such a revolution.

Angel Jibraeel (A.S.) escorted Mohammed from his humble quarters to the Dome of the Rock in Jerusalem. There the Buraq, a fantastic steed with the body of a horse and the wings of a bird, greeted him. She shone with dazzling white brightness and her tremendous strength bore Mohammed (S.A.W.) up into the cosmos through the various divine dimensions.

Jibraeel (A.S.) escorted Mohammed (S.A.W.) on the Buraq through the seven heavens. Each heaven had its own guardian angel and resident prophet who ruled the dimension in accordance with God's laws. Mohammed (S.A.W.) bowed to guardian angels who determined his readiness to enter into their heaven, and then Mohammed (S.A.W.) respectfully paid homage to the reigning prophet. The prophet in turn blessed Mohammed (S.A.W.) and ushered him on to the next heaven and so on.

At the sixth heaven Jibraeel (A.S.) brought Mohammed to the verge of the seventh. The archangel said that he himself could go no further. This, the seventh heaven, was the last frontier between god and man and Mohammed (S.A.W.) was ushered into the place described as the abode of God almighty.

There Mohammed(S.A.W.) saw a beautiful, radiant tree with wondrous multicolored leaves. It was here that he communed with Allah and learned of his true purpose".

# The month of Rajab

There are 12 months in the Islamic calendar. Today is 15 Rajab 1434.

Dear Muslims: The sacred months have a great status in Islam, including the sacred month of Rajab so we should observe the sacredness of these months and be careful not to commit sins during them because of their special rank. Allah Almighty says, "Indeed, the number of months with Allah is twelve (lunar) months in the register of Allah (from) the day He created the heavens and the earth; of these four are sacred. That is the correct religion, so do not wrong yourselves during them." (Al Tawbah 9:36).

# Innovations during the month of Rajab

Some innovated practices in Rajab:

- 1. The innovation of believing that celebrating al Israa and Me'raaj is Sunnah.
- 2. To specify Rajab with innovated prayers:
  - a. Al-Raghaeb prayer (all its Ahadith are fabricated).
  - b. Um Dawud prayer (has no origin in Islam).
- 3. To specify Rajab with innovated charity (on behalf of the dead). Giving charity is needed in all times (whether in Rajab or other months).
- 4. The innovation of specifying Rajab with fasting. Neither the Prophet (S.A.W.) nor his companions, May Allah be pleased with them, specified Rajab with special fasting.
- 5. To specify Rajab with Umrah. There is no evidence that the Islamic shariah specified Rajab with Umrah, rather Rajab is like all other months.
- 6. To specify Rajab with some invocations.
- 7. To specify Rajab with visiting cemeteries, while this visit can be done at any time.

Finally: the scholars said that all Ahadith related to the virtues of Rajab are weak moreover, fabricated.

Our beloved fellow Muslims, for the sake of Allah Almighty: the foregoing are some matters that every Muslim should know about Rajab and every Muslim should hold on to the Glorious Quran and the purified Sunnah and leave all what contradicts them.

#### Contact us

If you would like to place an advert for your business in our newsletter, please contact Syeda Husaini.



#### **Community News**

Lots of opportunity for learning and sharing.

- Sisters Sadia, Nafisa and Rhunu run discussion groups for women on Sunday afternoons. They cover interesting topics that are relevant to our daily lives. Please contact Sadia at sadia.geb@gmail.com or Nafisa at nafisa.kampul@gmail.com for more information.
- "Getting back to basics". Sister Soumaya would like to run a series of talks starting with Tauheed. She is based in Morwell and would like the classes to run on a morning during the week. If anyone can attend please contact Soumaya on 0488339000 between 9 and 11am or after 6pm.

#### Halal Home Catering (Traralgon)

We provide Pakistani and Indian food for parties and functions. All our recipes are home made with fresh ingredients.

Contact Tehmina @ 03 51740444 & 04 57800044 (please call after 5pm)

#### BEAUTY & BOUTIQUE

Mehindi (henna)

Hair trimming, Threading, Body massage

Standard facial, Full body waxing

**Manicure and Pedicure** 

New Indian saris, party wear dresses, girl dresses, jewelry's, scarfs, Aabaya, Skirts, pashminas/shawls, tops/kurti, alteration and stitching.

Contact Tehmina @ 03 51740444 & 04 57800044 (please call after 5pm)

Thank you to Revd Penelope Brook, Ecumenical Chaplain, Monash University and

Mr. Siddiq Ahmed and Mrs. Syeda Husaini for the printing of this newsletter.

### How's your hearing?

Was your baby born premature?

Did he/she need antibiotics soon after birth?

Did he/she fail the newborn hearing screening?

Does your child suffer from ear infections, tonsillitis or adenoid problems?

Does your child have trouble with following instructions?

Is his/her speech and language different to other children the same age?

Does your teenager listen to loud music through his/her ipod?

Do you work in noisy environments?

Do you struggle to hear in background nosie?

Do you think people mumble?

If you have said to any of these questions, you or your child may require a hearing test.

**Gippsland Audiology Services** 

Morwell: 110 Commercial Road 5134 8366

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www.gippslandaudiology.com.au